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10 BEST TELEMEDICINE
COMPANIES TO WATCH IN 2022 | CIOCoverage

"Health is Everything. Empower Your Members."

— Nesim Bildirici, President and CEO

amc health
ADVANCED MONITORED CAREGIVING

Serving Members with Chronic Health Conditions at Home

Virtual care and Remote Patient Monitoring ("RPM") have helped to transform healthcare delivery, as well as to maximize patient care treatment and provide greater access to care. This shift continues to expand across populations as healthcare organizations work to improve patient care, manage the cost of these chronic illnesses and account for social determinants of health.

Virtual care has become a respite for patients who cannot access in-person care and for those who live with chronic conditions. RPM and virtual care help healthcare organizations detect disease decomposition sooner and deliver ongoing chronic condition management. The result allows for timelier interventions, increased patient education and empowerment, and improved overall patient-physician relationships.

The COVID-19 pandemic has accelerated Tele-Care and RPM adoption and spurred healthcare organizations to embrace these innovative care delivery models. These tools facilitate meeting consumers at their home and helping them effectively manage their chronic conditions while maintaining good cost and quality outcomes.

The goal of a RPM program is to identify patient risk factors (both clinical and otherwise) and provide actionable information to support clinical interventions. While there is an overwhelming number of RPM devices available, "low-tech" solutions (such as Interactive Voice Response (IVR) surveys) can drive positive outcomes at a low relative cost.

Many Tele-Care and RPM programs have initial challenges due to the increased expectations of

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existing clinical staff: adding more work to these resources that are already overworked is not sustainable. Healthcare organizations should consider care management staff workload when determining who will manage alerts and deliver patient interventions. AMC Health's strategy for reducing alert fatigue ensures your clinical team is not unnecessarily overwhelmed. If additional resources are needed, AMC can provide telecare management and full virtual clinical resources, certified in all 50 states.

AMC Health is positioned to partner with healthcare organizations developing and deploying virtual care strategies. Current development efforts are focused on new therapeutic areas like high-risk maternity, oncology and how to capture and incorporate data for wearable devices. This activity will improve actionable analytics while minimizing the "point solution" and "additional clinician workflow" challenges.

Remote patient monitoring is poised to become a key component in the standard of care. As healthcare organizations form their long-term virtual care strategies, RPM and telehealth should play a prominent role. As the industry continues moving toward value-based care, RPM will become an important component of a healthcare organization's overall strategy to lower costs, improve patient outcomes, and help empower consumers to manage their health.